<table>
<thead>
<tr>
<th>LIFE LONG SKILLS</th>
<th>ARTS &amp; CRAFT</th>
<th>HEALTH &amp; WELLBEING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computers Beginners—NEW FORMAT</td>
<td>Create your budget—NEW</td>
<td>Patchwork</td>
</tr>
<tr>
<td>Take control of your computer, learn the basics: ie, using the mouse and keyboard, getting onto the internet, writing a word document and more.</td>
<td>Learn how to create a budget using an Excel spreadsheet and better manage your incomings and outgoings.</td>
<td>Join a crafty group of experienced patchworkers to make quilts for charity as well as for themselves. Beginners welcome.</td>
</tr>
<tr>
<td>Computers Intermediate—NEW FORMAT</td>
<td>Excel Intermediate—NEW FORMAT</td>
<td>Guitar for Grown ups</td>
</tr>
<tr>
<td>Build on the skills learned in the Beginners course: ie learn about keeping your computer healthy with free programs, emailing photos and more.</td>
<td>After learning the basics in the ‘Create your budget’ course, go on to learn more about what this versatile program can do.</td>
<td>It doesn’t matter if you are a beginner or more experienced musically, bring along your guitar and your sense of adventure.</td>
</tr>
<tr>
<td>Windows 8 Beginners—NEW FORMAT</td>
<td>German Chat Group</td>
<td>Hatha Yoga</td>
</tr>
<tr>
<td>A step by step guide through the new program to assist you in gaining confidence using this software.</td>
<td>A social group for German speakers and those who would like to learn the language WE’RE LOOKING FOR A GERMAN TUTOR—PLEASE CONTACT US TO SET UP A MEETING</td>
<td>A class for all levels from beginners to advanced.</td>
</tr>
<tr>
<td>Windows 8 Intermediate—NEW FORMAT</td>
<td>Book Club</td>
<td>Knitting with Friends</td>
</tr>
<tr>
<td>Integrates learning from the Windows 8 Beginners class with more advanced skills.</td>
<td>Read the pre-selected Book of the Month then meet the following month to discuss with other members. Limited numbers.</td>
<td>Enjoy a social session focussing on knitting and crochet.</td>
</tr>
<tr>
<td>Ipad &amp; Tablets Beginners—NEW FORMAT</td>
<td>Advanced Cryptic Crosswords</td>
<td>Daytime Yoga</td>
</tr>
<tr>
<td>Learn the basics of how to navigate around your ipad or tablet from our experienced tutor.</td>
<td>Experience necessary to join in this fun, social group of enthusiasts and tackle cryptic cross-words together.</td>
<td>Reap the benefits of this gentle effective form of exercise.</td>
</tr>
<tr>
<td>Ipad &amp; Tablets Intermediate—NEW FORMAT</td>
<td>Italian Beginners</td>
<td>African Drumming—NEW</td>
</tr>
<tr>
<td>Integrates learning from the Ipad &amp; Tablets Beginners class with more advanced skills.</td>
<td>The language of poets and literates. Please call for availability and pricing.</td>
<td>Come and experience why this primitive art form is a must-do sensation. Reduce stress, increase wellbeing and have fun.</td>
</tr>
<tr>
<td>Digital Photography - Basic</td>
<td>Italian Intermediate</td>
<td>Children’s Programs</td>
</tr>
<tr>
<td>Camera fundamentals &amp; settings. Composition, white balance, exposures. Adjusting settings manually. Editing in free programs.</td>
<td>Come &amp; enjoy Italian, the language and the culture of Italy. Food, travel, beliefs and traditional festivities will be part of the studies.</td>
<td>Kids Painting</td>
</tr>
<tr>
<td>POTENTIAL CLASSES</td>
<td>COMMUNITY GROUPS</td>
<td>Explore and develop your creativity through painting with our local artist. Ages 5—12</td>
</tr>
<tr>
<td>Please give us a call if you have any interest in the following: • Adult Painting (modern, abstract) • Scrapbooking &amp; Card Making • Art Journaling • Cooking for teenagers • Games, ie Cards, chess, Scrabble • Jazz and tap for adults • Chair Yoga • Zumba • Cake Decorating</td>
<td>Somerville Men’s Shed Provides a range of activities to learn and practice, all in a social setting with a bunch of blokes. Contact John: PH: 5977 9334 Mobile: 0412 648 005</td>
<td>Kids Cooking</td>
</tr>
<tr>
<td>Unlock your potential</td>
<td>Come &amp; have a look inside your Community House and discover the many activities on offer!</td>
<td>Learn to cook simple, tasty, delicious food with confidence and fun. All equipment and ingredients supplied. Ages 7—12</td>
</tr>
<tr>
<td>Somerville Recreation &amp; Community Centre</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14 Edward St, Somerville, 3912</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mel Ref: 107 E12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ph: 5977 8330</td>
<td></td>
<td></td>
</tr>
<tr>
<td>P.O Box 579, Somerville, 3912</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Email: <a href="mailto:info@somervillecommunityhouse.com.au">info@somervillecommunityhouse.com.au</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Or visit our website/facebook page: <a href="http://www.somervillecommunityhouse.com.au">www.somervillecommunityhouse.com.au</a> <a href="http://www.facebook/somervillecommunityhouse.com">www.facebook/somervillecommunityhouse.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Inc. Reg. No: A0040276V ABN No. 47673738558</td>
<td></td>
<td></td>
</tr>
<tr>
<td>06 October—12 December</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Term 4 - 2014</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Proposed timetable of courses—Term 4, 2014

### Morning
- **Walkers Group**
  - Time: 9.00am

- **Basic Car Maintenance**
  - Dates: 20 Oct—24 November
  - Time: 9.30am - 11.00am
  - $72 per term

- **Book Club (monthly)**
  - Dates: 13 Oct, 10 Nov, 8 Dec

- **Adult Literacy & Numeracy**
  - Dates: 6 Oct—8 December
  - Time: 1.00pm - 2.00pm
  - $2 per session

- **Computers Beginners**
  - Dates: 15 Oct
  - Time: 7.00pm

- **Computers Intermediate**
  - Dates: 20 Nov
  - Time: 7.00pm

- **German Chat Group**
  - Date: 15 Oct—10 December
  - Time: 9.30am - 11.30am
  - $2 per session

- **African Drumming**
  - Date: 7 Oct—10 December
  - Time: 4.30pm - 5.30pm
  - $60 per term

- **Christmas Countdown Ages 4-6**
  - Date: 05 Nov—10 December
  - Time: 4.30pm - 5.30pm
  - $60 per term

- **Christmas Countdown Ages 7-12**
  - Date: 05 Nov—10 December
  - Time: 5.45pm - 6.45pm
  - $60 per term

- **Kids Cooking Monday**
  - Dates: 3 Nov—8 December
  - Time: 4.30pm - 6.00pm
  - $72 per term

- **Kids Painting Tuesday**
  - Date: 7 Oct—2 December
  - Time: 4.30pm - 5.30pm
  - $160 per term

- **Kids Painting Thursday**
  - Date: 9 Oct—4 December
  - Time: 4.30pm - 5.30pm
  - $180 per term

- **Kids Cooking Friday**
  - Date: 7 Nov—12 December
  - Time: 4.30pm - 6.00pm
  - $72 per term

### Afternoon
- **Daytime Yoga**
  - Date: 7 Oct—2 December
  - Time: 1.00pm - 2.00pm
  - $80 per term

- **Patchwork**
  - Date: 8 Oct—10 December
  - Time: 9.30am - 11.30am
  - $2 per session

- **Windows 8 Beginners**
  - Date: 16 Oct—6 November
  - Time: 1.00pm - 3.00pm
  - $60 per term

- **Windows 8 Intermediate**
  - Date: 20 Nov—11 December
  - Time: 1.00pm - 3.00pm
  - $60 per term

- **Create Your Budget**
  - Date: 24 Oct—31 October
  - Time: 1.00pm - 3.00pm
  - $30 per term

### Evening
- **Hatha Yoga**
  - Dates: 13 Oct—8 December
  - Time: 6.30pm - 8.00pm
  - $108 per term

- **Digital Photography - Basic**
  - Date: 14 Oct—9 December
  - Time: 7.00pm - 9.00pm
  - $120 per term

- **Computers Beginners**
  - Date: 15 Oct—5 November
  - Time: 7.00pm - 9.00pm
  - $60 per term

- **Guitar for Grown ups**
  - Date: 9 Oct—11 December
  - Time: 7.00pm - 9.00pm
  - $120 per term

- **Reintro to Wholefoods**
  - Dates: 13 Oct—17 November
  - Time: 6.30pm - 8.30pm
  - $120 per term

### ENROLMENT
- **Please enrol at least 1 week before the class commences**

### IMPORTANT
- *All course fees must be paid before the first class (except Social groups)*
- *A 10% discount applies for holders of a Healthcare and/or Senior Card, only on upfront and full term fee payments.*
- *If a participant cancels less than 7 days prior to commencement of a course, NO REFUND will be given.*
- *If a class is cancelled by us, a full refund will be given.*
- *Childcare is available for morning programs - Ph: 5950 1560 for bookings.*
- *Upfront fees a bit daunting? Come and have a confidential chat with the Coordinator about a payment plan.*