Information for Parents

Getting ready for camp

New skills, new friends and new experiences — school camp should be an exciting adventure. This information pack has been designed to help you prepare your child (and you) for a stress-free and enjoyable camp experience at the Briars Outdoor Ed. Camp.

We have tried to cover all the questions you might have, but if you have a specific query that's not covered here please contact your school and they will liaise with the camp.

Packing Checklist

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimming gear and rash shirt
- Sunscreen, sunhat and sunglasses
- Two towels
- Toiletries, including soap (no aerosols)
- Pillow, pillowcase, sleeping bag (or doona) and sheet (single bunk beds)
- Day-backpack
- Insect repellent (no aerosols)
- Lip balm
- Two pairs of running shoes (one suitable for water activities)
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medications (if required)
- Handkerchief or tissues
- Water bottle
- Sun hat, sunscreen and sunglasses
- Torch
- Thongs (use in shower only)
- Slippers (inside only)

Optional
- Camera, stamped envelope for writing a letter, money

Handy hint
Please label clothing, towels and sleeping bag with your child's name. The Camp does not supply pillows.

What not to bring to camp
- Aerosol cans (e.g. spray on deodorant or insect repellent)
- Radios or MP3 players
- Computer / video games
- Mobile phones
- Lollies or chewing gum
- Jewelry
- Anything valuable (The Camp will not be responsible for any

Luggage

Please minimise luggage to one travelling case/bag and a sleeping bag per child and should be clearly marked with your child’s name, address and phone number. Remember, your child will have to carry their luggage, so make sure it's not too big or too heavy.

Medical information

The information you provide to the school on the medical and consent form, helps us to look after your child's health needs at camp. If your child has an injury, pre-existing condition, special dietary needs or is on prescription medicines, please provide full details on this form.

Your child should bring enough medication for the duration of their stay. All medicines should be in original packaging and clearly marked with your child’s name, together with instructions on the prescribed dosage and frequency. You should discuss this with your child’s teacher, who will be responsible for making sure your child takes their medication.

Bed wetting

If your child is prone to bed wetting, please let the school know beforehand, so staff can deal with the situation in a discreet and caring manner. Laundry facilities are available, and all beds are fitted with a waterproof mattress protector.

Asthma and/or anaphylaxis

If your child has asthma and/or is at risk of anaphylaxis, it's essential that you provide an asthma and/or anaphylaxis management plan so staff know what action to take in the event of an attack.

Children with asthma should bring their own peak flow meters and keep their inhalers with them at all times.
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