CONTACTING TEACHERS DURING SCHOOL HOURS

Families are always welcome to contact staff regarding issues concerning their child. The best way to do this is to phone the Office to arrange a mutually convenient time.

CONGRATULATIONS TO THE FOLLOWING STUDENTS OF THE WEEK:

**Week commencing 22nd February**:

- **Room 1**: Millie-Rose
- **Room 4**: Colin
- **Room 2**: Codi
- **Room 5**: Lauren
- **Room 3**: Matilda-Rose
- **Room 6**: Grace

**Week commencing 2nd March**:

- **Room 1**: Tyler
- **Room 4**: Jake
- **Room 2**: Maddy
- **Room 5**: Brendan
- **Room 3**: Jayden
- **Room 6**: Loki

CONGRATULATIONS TO THE FOLLOWING STUDENT LEADERS FOR 2015 ....

**2015 House Captains**

- **GOLD HOUSE**: Captains: Aaron and Sophie
  V. Captains: Ayesh and Jake M

- **GREEN HOUSE**: Captains: Ebony and Brendan
  V. Captains: Klare and Mollie

- **RED HOUSE**: Captains: Melissa and Jesse
  V. Captains: Isabel and Katelyn

- **BLUE HOUSE**: Captains: Kade and Lauren
  V. Captains: Ally and Daniel

**District Swimming Report**

Last Thursday Dana, Mollie, Tia, Hannah, Brayden, Colin and I went to the swimming carnival. I was in the freestyle relay and individual backstroke. I came 4th in both but that ok because it’s a lot better than last year.

From Ebony

**Kitchen Garden – Autumn**

The children have continued enjoying time spent looking after the Kitchen Garden. Following on from our impressive potato harvest late last year, we’ve had a successful Summer with good numbers of cucumbers and salad onions for those lovely summer salads!

Over the Summer holidays, our pumpkins also exploded into bloom and we’ve seen some pumpkins set on the bush. The children have been very taken with the fact that the cucumbers and pumpkins have male and female flowers on each bush, and for a fruit to set, a bee needs to visit a male flower to collect pollen that is then hopefully transferred to a female flower. A few of the students have even been at school early on some mornings to help me hand pollinate some of the female flowers!

Of particular interest is our Giant Pumpkin, which has one good sized fruit that looks to have set. Fingers crossed, with lots of love and care, we’ll have a champion Giant Pumpkin on our hands to enter in a competition. It gets bigger every day and will be measured for weight estimating weekly by our Senior Students.

Unfortunately, our best eating pumpkin was picked a bit early by someone and we’ll need to wait a bit longer before there is a pumpkin to sell at our Harvest markets.

We’ve recently sown beetroot, carrot and bean seeds that may take awhile before harvesting, but we’ve also sowed some lettuce from seeds we collected from the last previous crop! The children were amazed to see how many seeds came from just one plant!

Speaking of Harvest markets, we’ve been able to sell some of our produce over the past few weeks and have had great feedback on the quality of our vegetables. All money raised from the markets goes towards seeds and seedlings for future plantings.

If you’re interested in purchasing produce from the school, please make sure you bring some loose change on Friday mornings as we run the markets straight after assembly.

From Mrs Bluff
**BIG BLAST 2 – 2015**

Big Blast 2 is well underway and we’ve seen some exciting cricket shots so far. In Game one we had Crazy Bananas of South Africa playing Bubble Trouble of Melbourne! The Crazy Bananas batted first and made an impressive 78. Best batters were Kade.S, Brayden.P and Jake.L. For Bubble Trouble, Daniel.W and Bailey.A bowled well both taking two wickets. Bubble Trouble’s run chase started off in a bit of trouble losing two early wickets, but then started making easy runs. Unfortunately, the early wickets proved to be the difference in the two teams and Bubble Trouble managed to get to 72, not quite enough. Best batters for Double Trouble were Brendan.G, Jake.S and Caden.K. Again it was Kade.S, Brayden.P and Jake.L who bowled well.

Game 2 saw the Crickets of Pakistan up against Double Trouble of Melbourne. Batsman first, the Crickets of Pakistan started off well but some late wickets kept their total to 86 which looked to be a winning score. Aaron.S top scored for the Crickets. Jake.M also batted well. With a big total to chase, Double Trouble started badly losing a wicket from the first ball! After that, they really batted solidly. Brendan.G batted well but it was some big hitting from Jake.S that saw Double Trouble to 91, which they knew was enough. Best bowlers for Double Trouble were Wade.B, Darcy.S and Caden.K. Again it was Kade.S, Brayden.P and Jake.L who bowled well.

Last Friday me and 3 other people went to the tennis. We all did very well. I won 2 games out of 3. I had a very good time. From Sophie.

For Double Trouble were Brendan.G, Jake.S and Caden.K. Again it was Kade.S, Brayden.P and Jake.L who bowled well.

On Friday Mackenzie, Sophie, Aaron and I went to tennis to represent our school. I won 3 and lost 2 games but didn’t make the finals. I was proud of the way I played. From Kade.

On Friday the 13th February I played tennis at Balnarring Tennis Courts. I played three games, I lost the first game with a score of 1-4, in the second game I lost with a score of 0-4 and in the third game I won with a score of 4-0. I didn’t make it into the finals, but I enjoyed representing our school. From Mackenzie.

Last Friday I played tennis. I lost the first game. I won the second and third games. I made it into the finals and I came third overall. I would like to thank the parents that supported us and helped us get to the venue.

From Aaron.

**Check out our new look web page!! There are quicklinks on the front page to easily access the latest newsletters**

**BANKING**

Student banking is a great way of fundraising for the school. The school receives $5.00 for each new account opened by a student. For every deposit the students make the bank donates 5% of each deposit, which goes directly back to the school. So not only is it a win/win situation for all concerned, Students are saving money, and at the same time raising money for the school to get new books, sports equipment or whatever is needed most. So if you don’t already have an account, why not open one today!!!!

~ Deposits are made each Thursday

Any students wishing to partake in student banking can obtain the forms from the office.

**TYABB RAILWAY STATION PRIMARY SCHOOL No: 3544**

E-mail: tyabb.railway.station.ps@edumail.vic.gov.au

Web: www.tyabbrailps.vic.edu.au

Phone: 5977 4324 Fax: 5977 4858

Thursday, March 5th, 2015

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**What does the BRIDGE project do?**

- Strengthens the Asian language capabilities of Australian students through direct personal experiences that motivate language learning
- Builds intercultural understanding among teachers and students in Australia and Asia
- Enhances digital capabilities among participating teachers and students
- Supports high quality Asian language teaching and programs in Australian schools

Please come and greet our guests and make them feel welcome in our unique school.

**Our Beach Buddy Day!**

Our annual Beach Buddy Day was held yesterday at The Frankston Foreshore! A wonderful event where students participate in a variety of beach activities with their buddies! A very big thank you to our very patient families...and an even bigger thank you to the professionalism of the staff. As a community, we make a brilliant team here @ Tyabb Rail!!

The Yabbie Shack will be in operation next Thursday! Students can ‘cash in’ their Yabbies for a great prize at the Yabbie Shack! Please praise your child/ren for the Yabbies they earn, as this is a reward for demonstrating positive behaviour!!

Carole Moyes - Principal
Sleep Tips for Children

1. Establish a regular sleep pattern
   Regular hours of sleep are important. It will help your child understand when it is time to sleep. Thus, your child will have better sleep. Bedtime should not vary by more than an hour between school and non-school nights. The same goes for the time your child wakes up.

2. A consistent bedtime routine
   It is good to have the same routine before bed each night. We will help prepare for sleep. Quiet activities are good, e.g., reading a book or being read to or taking a bath or shower. In the half-hour before bed, there are some things you don’t want your child to do. These are more active games, playing outside, 7pm internet or mobile phone social networking and computer games.

3. Make sure the bedroom is comfortable
   The bedroom should be a quiet, comfortable and dark. Some children like a night light. This is fine, make sure your child turns the bedroom on as a good habit to be. You can help do this by not using it as a place for punishment.

4. Bed is for sleeping, not entertainment
   For example, mobile phones and other things that distract your child are not good for your sleep. Keep them out of the bedroom. Remember the TV is to go to sleep in a bed Habit. You can free mattress. But once you’re asleep, if you can check on what your child is watching.

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<table>
<thead>
<tr>
<th>AGE</th>
<th>RECOMMENDED</th>
<th>MAY BE APPROPRIATE</th>
<th>NOT RECOMMENDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newborns 0-3 months</td>
<td>14 to 17 hours</td>
<td>11 to 13 hours, 18 to 19 hours</td>
<td>Less than 11 hours, More than 19 hours</td>
</tr>
<tr>
<td>Infants 4-11 months</td>
<td>12 to 15 hours</td>
<td>10 to 11 hours, 16 to 18 hours</td>
<td>Less than 10 hours, More than 18 hours</td>
</tr>
<tr>
<td>Toddlers 1-2 years</td>
<td>11 to 14 hours</td>
<td>9 to 10 hours, 15 to 16 hours</td>
<td>Less than 9 hours, More than 15 hours</td>
</tr>
<tr>
<td>Preschoolers 3-5 years</td>
<td>10 to 13 hours</td>
<td>8 to 9 hours, 14 hours</td>
<td>Less than 8 hours, More than 14 hours</td>
</tr>
<tr>
<td>School-aged Children 6-13 years</td>
<td>9 to 11 hours</td>
<td>7 to 9 hours, 12 hours</td>
<td>Less than 7 hours, More than 12 hours</td>
</tr>
<tr>
<td>Teenagers 14-17 years</td>
<td>8 to 10 hours</td>
<td>7 hours, 11 hours</td>
<td>Less than 7 hours, More than 11 hours</td>
</tr>
<tr>
<td>Young Adults 18-25 years</td>
<td>7 to 9 hours</td>
<td>6 hours, 10 hours, 11 hours</td>
<td>Less than 6 hours, More than 11 hours</td>
</tr>
<tr>
<td>Adults 26-64 years</td>
<td>7 to 9 hours</td>
<td>6 hours, 10 hours</td>
<td>Less than 6 hours, More than 10 hours</td>
</tr>
<tr>
<td>Older Adults 65 years</td>
<td>7 to 8 hours</td>
<td>5-6 hours, 9 hours</td>
<td>Less than 6 hours, More than 9 hours</td>
</tr>
</tbody>
</table>

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Clean Up Australia Day 2015

Thank you to all the people who participated in Schools Clean Up Day. Our school looks beautiful!!
Look what is happening in Room 3 ..!

We've certainly hit the ground running in Year 1 in 2015! As well as starting our new reading and maths groups, we've enjoyed Bike Ed sessions, the Twilight Picnic and have the Beach Buddy Excursion to look forward to.

In our Inquiry Learning sessions, we've been discovering a lot about mini beasts. Some of us have spent our play times searching for them in our school yard – we've found beetles, garden spiders, ants, flies, butterflies and more!

We invite you and your family to join us to our Open Night on Tuesday 17th March. Day tours will be hosted from 9.00am-1.00pm, where you can observe our students participate in their regular daily activities. An expo will be staged in the evening in the gym between 5.00pm-7.00 pm. This will showcase our range of Learning Areas and educational pathways. We look forward to your attendance.

Call 5973 1000 to book a tour.